

WEST CONTRA COSTA QUICK RESOURCE GUIDE – 9/22/10

Developmental Disabilities Council 925-313-6836
Disabled People's Rec. Center ...510-620-6814
Hawkins Center of Legal & Support Services
(Rubicon Programs)

(Mt. Diablo Adult Ed.)....

CCC Regional Occupational Program (ROP)
.....510-758-4782
Richmond Public Library510-620-6561
Contra Costa County Office of Education
.....925-942-3388
Family Literacy Program510-236-3900
(Catholic Charities of the East Bay)
Literacy for Every Adult510-307-8084
(Richmond Public Library)
ESL/GED/ADULT EDUCATION
Lao Family Community Services ..510-215-1220
West Contra Costa Adult Ed510-215-4666

American Red Cross1-866-272-2237
California Poison Control Center .1-800-222-1222
CCC Office Emergency Services

TREATMENT / COUNSELING

Bridge 20001-800-785-2400
Neighborhood House510-229-5000
Ujima West510-215-2280

SMOKING CESSATION

California Smokers Helpline 1-800-NO-BUTTS
.....1-800-844-CHEW

ARF-Animal Rescue Foundation 1-800-567-1273
CCC Animal Shelter - Pinole510-374-3966
Contra Costa Humane Society ..925-279-2247

CC Child Care Council510-758-5439
Child Care Eligibility List (CEL) ...925-676-8570

CRISIS CHILD CARE

Bay Area Crisis Nursery (Ages 05) ..925-685-8052
Dahlstrom House (Ages 612).....925-685-3695

Grief Counseling1-800-837-1818
(Contra Costa Crisis Center)
Hospice of the East Bay925-887-5678

Brookside Community Health Center

Richmond.....510-215-5001
San Pablo.....510-215-9092
Denti-Cal/Medi-Cal Dental Program ...1-800-322-6384
Richmond Dental Clinic1-800-495-8885
University California San Francisco
Dental School415-476-1891
University of the Pacific Dental School
San Francisco.....415-929-6501
Union City.....510-489-5200

Area Developmental Disabilities .510-286-0439
California Children's Services ...925-313-6100
CA Dept. of Rehabilitation510-232-7062
Contra Costa ARC925-370-1818

